

Please update these logs for any day that you enter a research facility at the University of Pittsburgh.

If you answer “yes” to any of the first three questions below, do not come to work and contact your supervisor *immediately* for further instructions.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Covid-19 symptoms*							
Exposure to Covid-19†							
Travel‡							
Time entering research facility							
Time leaving research facility							
Names of anyone you have been in contact with for ≥ 15 minutes within the 6 ft physical distancing standards							
Any other clinical documentation sources or inadvertent contacts that may be relevant to contact tracing							

Staff member signature

Lab PI signature

* **SYMPTOMS:** Mark “yes” if you are experiencing any of the following symptoms: new shortness of breath, cough, or sore throat within the past few days; fever; sweating chills; any loss of taste or smell; muscle aches; nausea; diarrhea.

† **EXPOSURE:** Mark “yes” if you have been in contact (without appropriate PPE) with someone known to have Covid-19, have been told by a public health official or employer that you may have been exposed to Covid-19 in the past two weeks, or have been in contact with anyone showing Covid-19 symptoms.

‡ **TRAVEL:** Mark “yes” if you have traveled domestically from a region that remains under stay-at-home orders or travelled internationally within the last 14 days.